



The Adventure Of A Lifetime Is Here!...Gaia's 5D Shift

On 3D earth we've now crossed the rubicon, stepped into unknown territory within this Great 5D Shift of Consciousness.

Pause for a few moments. Put on some soulful music. Breathe. Let breath carry you deep within. Imagine you're taking a flight to a favorite destination. Take the seat belt off this one and feel the roaring power of the engines sweeping you steadily up aloft into the clouds. Where are you going? Where will it lead? The Great 5D Shift has begun its inexorable ascent.

Welcome to the adventure of a lifetime.
How will it be for you?

Embrace the fear as an Inspirational Doorway

On [3D earth](#) we've now crossed the rubicon, stepped into unknown territory within this Great 5D Shift of Consciousness. [Accelerating, irreversible climate change](#); society increasingly destabilizing; the "Sixth Mass Moving On" of life is well underway, with species leaving at the phenomenal rate of up to 200 per day. Wow.

Are you afraid? Anxious? It's okay. It's understandable. The 'fight or flight' mechanism is sparked by such transformational catalytic [energy](#). The mind reacts often, yes, forming judgments about what that might mean. Will I be hurt? Maybe I'll die? It's okay. From the moment you were born, you were already on a pathway to your passing on. It's totally natural. Embrace it and feel into the fear. It's a magical doorway into the vast expansiveness on the other side.

Contemplate that; feel into it. Is that not incredible? Is it not breath taking?...

Like the Gazelle swiftly scampering across the savannah, the buffalo stampeding and the salmon leaping up the stream back and to its source. What incredible energy! Close your eyes, visualize it now, feel it coursing through your own veins. Let it surge through you by feeling into it.

Nothing to Lose – except the sense of loss itself

Are you concerned about loss? Maybe of favored possessions or our once beautiful habitat. Or most likely, loved ones. It's an illusion! Loss is not possible to [The One in You](#). Everything is contained within. And the love you feel is, and was, always in your heart. It's only the mind that ever diminishes that [feeling of connection](#) and inloveness, by needing it to be in a particular form – this way or that.

The paradox is, when you let go of your need for it to be a certain way, you open up to the potential that it can be a multitude of ways – the experience always improving, always evolving.

So what about change? Are you resistant to that? That's understandable too. The ego likes predictability, it likes the soft comforts that placate it. But in [a universe](#) of constant change, change is the only constant. Pause once more. Embrace that. Look for change, feel for it in your life. And let inevitable change confront and unravel the places where you get tight, where you're still hanging on. Feel the ties unwinding and stripping away inside of you.

There's absolutely nothing to lose....except the sense of loss itself!

Take the gloves off

Keep going my friends. Keep digging. Keep delving deep into all those areas which limit and restrict. Visualize yourself taking the gloves off. Feel as deep as you can into the moment. Penetrate it with intimate sensitivity. Explore – feel through your skin into the tingling energy. [Transcend](#). And as you do, pick up the flow of the moment – the real one, the one which is now steadily rising and breaking through the foundations of this old reality. Like a flooding river bursting its banks.

Let the current take you.

This is going to be an adventure of a lifetime – of all lifetimes. You have a front row seat. You're going to witness the most spectacular sights imaginable. Take the blinkers off. See reality the way it really is. As you break through the limitations, a whooshing feeling comes through you, of [amazing power](#). Like a tsunami. The restraints are breaking. Let the energy increasingly surge through you.

How do you feel to be?
How do you want to express?
What do you feel to do right now?

Authentic Creation follows Authentic Expression

Let the surge carry you to your passion. What brings you alive? What would you die for – do you know yet?

Find it, and live for it, as if there's no tomorrow.

If there's something you know in your heart that you really want to do, don't delay, don't put it off till tomorrow – in the 3D, there may be no tomorrow!

So whatever it is, begin it now, where you are, with exactly what you've got. You already have exactly what you need to begin. And authentic creation follows authentic expression. So if you truly are in the flow of your passion, the right resources will come to meet you. Begin it, Now. This is the adventure of your lifetime!

Time to take Flight

It's time to take that flight. The 3D window is beginning its slow close, so make sure you find your way to the doorway. As much and as often as you can. Unravel your allegiance to the [matrix](#), which is beginning to steadily break itself apart. There's no need to fear. Or at least if fear and anxiety grip you at times, let them inspire you by pointing the way to where and what you now need to work on.

These are truly phenomenal times. But only if you fully embrace them. If you [Breakthrough the limitations and Break out.](#)

You can do it. You're meant to do it; seeded to do it.
Go on. Give the flow a chance.

It's time.

by Open (on behalf of [Openhand](#))

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